

PARENT WORKSHOP

Coping with COVID: The Link Between Anxiety and Behavior



**Wednesday, April 29, 2020
7:00 pm**

Lisa Husar & Carol Roosin
Beaver Valley Intermediate Unit Training and Consultant Team



How to Join the Workshop

Join from PC, Mac, iOS or Android
<https://paiu.zoom.us/j/91082438731>

Or join by phone at
+1 646 558 8656

Meeting ID: 910 8243 8731

Topics of Discussion

- What is Trauma?
- How the Brain is Affected
- Some Basic Behavior Tips and Techniques
- Followed by a Round Table of Question & Answer discussion